

Safety, nutritional aspects and benefits in food and beverages

IBERO-AMERICAN CONSENSUS

Director: Lluís Serra-Majem

Professor of Preventive Medicine & Public Health and Director of the Research Institute of Biomedical and Health Sciences, University of Las Palmas de Gran Canaria. President of the Spanish Academy of Nutrition and Food Sciences (AEN). President of the Nutrition

Research Foundation (FIN). CIBERobn Group Coordinator, Spain

Co-director: **Sérgio Cunha Velho de Sousa**

Nutritionist at Coimbra Children's Hospital - Centro Hospitalar e Universitário de

Coimbra, Portugal

VENUE: MYRIAD HOTEL • 2-4 JULY, 2017

Organized by:

With the participation of:





Safety, nutritional aspects and benefits in food and beverages IBERO-AMERICAN CONSENSUS

SUNDAY, 2 July

Myriad hotel - Room Leónidas

8:00 pm

Welcome dinner

MONDAY, 3 July

Myriad Crystal Center - Room I-IV - Ground floor

9:00 am-1:00 pm

9:00-9:20 am

Welcome address

Director

Lluís Serra-Majem

Professor of Preventive Medicine & Public Health and Director of the Research Institute of Biomedical and Health Sciences, University of Las Palmas de Gran Canaria. President of the Spanish Academy of Nutrition and Food Sciences (AEN). President of the Nutrition Research Foundation (FIN). CIBERobn Group Coordinator, Spain

Co-director

Sérgio Cunha Velho de Sousa

Nutritionist at Coimbra Children's Hospital - Centro Hospitalar e Universitário de Coimbra, Portugal

09:20-09:50 am

Opening lecture

France Bellisle

Senior Researcher at the Nutritional Epidemiology Unit, University of Paris 13, Bobigny, France

Low and non calorie sweeteners, appetite for the sweet taste, and weight management

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Session 1

Chair

Roxana Fernández-Condori

President of SOPENUT - Peruvian Nutrition Society, Peru

Speakers

Roxana Valdés

Medical Sciences Research Centre, Autonomous University of the State of Mexico, Toluca, Mexico Microbiota and LNCS

Caomhán Logue

Northern Ireland Centre for Food and Health (NICHE), School of Biomedical Sciences, Ulster University, United Kingdom

The potential application of a biomarker approach to the investigation of low and non calorie sweetener exposure

Irini Margaritis

Human Nutrition Risk Assessment - Head of Unit. French Agency for Food, Environmental and Occupational Health Safety (Anses), Maisons-Alfort, France

Review of the nutritional benefits and risks related to low and non calorie sweeteners

11:15-11:45 am

Coffee break

Myriad Crystal Center - Foyer Level 1

11:45 am-1:15 pm

Session 2

Chair

Samuel Durán

President of the Chilean College of Nutritionists, Chile

Speakers

Rebeca López-García

Logre International Food Science Consulting, Mexico
Toxicology and safety of LNCS

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Tommaso Bochicchio

Professor of Nephrology, La Salle University, Mexico City.

Director of Nephrology, Mexican Transplant Institute,

Cuernavaca, Morelos. Director of FMC Clinics, Morelos, Mexico

Potential metabolytes derived from LNCS

Arturo Anadón

Department of Toxicology and Pharmacology, School of Veterinary Science, Madrid Complutense University, Spain Safety: methodological aspects. The case of aspartame

1:30-3:00 pm

Lunch

Myriad hotel - Room Leónidas

3:00-7:00 pm

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Session 3

Chair

Ascensión Marcos

President of FESNAD - Spanish Federation of Nutrition, Food and Dietetics Societies, Spain

Speakers

Víctor Faundes - Verónica Cornejo

INTA - Nutrition and Food Technology Institute, University of Chile, Chile

Genes & LNCS

Fernando G. Cardini

President of IAPC – Argentine Quality Institute, Argentina Quality Management of Food Security in LNCS

Maria do Céu Costa

Lusófona University of Humanities and Technologies, Portugal **Legistative and regulatory aspects**



Lorenza Mistura

Council for Agricultural Research and Economics, Research Center on Food and Nutrition, Rome, Italy

Assessment of dietary intake of 10 low and non calorie sweeteners by the Italian population

4:30-5:00 pm	Coffee break	Myriad Crystal Center - Foyer Level 1
5:00-6:30 pm	Session 4	
	Chair	

Rosaura Leis

Professor in Paediatrics. University of Santiago de Compostela. Coordinator of the Gastroenterology, Hepatology and Paediatric Nutrition Unit of the Santiago Clinical University Hospital. CiberObn, Spain

Speakers

Sérgio Cunha Velho de Sousa

Nutritionist at the Coimbra Children's Hospital - Centro Hospitalar e Universitário de Coimbra, Portugal Low and non calorie sweeteners during childhood during childhood: the Portuguese experience

Juan Rivera

Vice-President of LASPGHAN – Latin American Pediatric Gastroenterology, Hepatology and Nutrition Society, Peru Low and non calorie sweeteners during childhood during childhood: the Latin American experience

Raquel Blasco

Regional Center for Sports Medicine of the Junta de Castilla y León, Valladolid, Spain

Social networks and low and non calorie sweeteners

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Danika M. Martyn

Intertek, HERS, Cody Technology Park, Farnborough, United Kingdom

Dietary intake of low and non calorie sweeteners by children

8:00 pm

Dinner

TUESDAY, 4 July

9:00 am-1:00 pm

Working groups

WORKING GROUPS COORDINATOR

António Raposo

Member of CBIOS - Research Center for Biosciences and Health Technologies, Lusófona University of Humanities and Technologies, Lisbon, Portugal

Introduction

Javier Aranceta-Bartrina

Vice-President of AEN - Spanish Academy of Nutrition and Food Sciences. President of the Scientific Committee of SENC - Spanish Society of Community Nutrition, Spain Dietary recommendations and guidelines for food and beverages with low and non calorie sweeteners

Gregorio Varela-Moreiras

President of FEN - Spanish Nutrition Foundation. Member of AEN - Spanish Academy of Nutrition and Food Sciences. Professor of Nutrition and Bromatology, CEU San Pablo University, Madrid, Spain

Food composition tables and nutrition labelling for low and non calorie sweetened food and beverages



Hugo Laviada

Coordinator of the Diabetes and Obesity Working Group of the Mexican Nutrition and Endocrinology Society, Mexico Low and non calorie sweeteners use in obesity and chronic diseases

Susana Socolovsky

President Elect of the Argentine Association of Food Technologists, Argentina

Safety of low and non calorie sweeteners and monitoring systems

Carmen Pérez-Rodrigo

President of SENC - Spanish Society of Community Nutrition
Food and nutrition education: consumer behaviour - social
communication

W	ORK	ING	GROL	IP M	IFM	IBERS:

Working group 1: Plenary room I-IV

Dietary recommendations and guidelines for food and beverages with low and non calorie sweeteners

WORKING GROUP CHAIRPERSON: Javier Aranceta-Bartrina

REPORTER: Jorge Antonio Aldrete

Gabriela Carriquiry, Samuel Durán, Roxana Fernández-Condori, Pedro P. García-Luna, Rosaura Leis, Ana María López-Sobaler, José Manuel Moreno Villares, Nieves Palacios Gil-Antuñano, Lucía Pérez-Castells, Luis Xochihua

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Working group 2: Room Crystal - Level 1 Food composition tables and nutrition labelling for low and non calorie sweetened food and beverages **WORKING GROUP CHAIRPERSON: Gregorio Varela-Moreiras** Reporter: Eduardo Meneses Márcio Carocho, Claudia Del Bosque, Miguel Agustín Madero, Luis Alfonso Mariscal, José Antonio Niño, María Beatriz P. P. Oliveira, Rodolfo Rincón, Catarina Tinoco de Faria, Roxana Valdés, Elsa Vasco, Carmina Wanden-Berghe Working group 3: Room Amethyste - Level 1 Low and non calorie sweeteners use in obesity and chronic diseases WORKING GROUP CHAIRPERSON: Hugo Laviada REPORTER: Rebeca López-García Arturo Anadón, France Bellisle, Tommaso Bochicchio, Fernando G. Cardini, Adam Drewnowski, Frances Hunt-Wood, Carlo La Vecchia, Caomhán Logue, Ascensión Marcos, Irini Margaritis, Danika M. Martyn, Lorenza Mistura, Lluís Serra-Majem Working group 4: Business Center MCC Safety of low and non calorie sweeteners and monitoring systems **WORKING GROUP CHAIRPERSON: Susana Socolovsky REPORTER: António Raposo** Erick Alexanderson, Maria do Céu Costa, Víctor Faundes,

Ma del Camino García Fernández, Marcela González Gross, Rafael Moreno Rojas, Sandra N. Wac, Rafael Urrialde,

Angélica Valdivia, Sergio Zúñiga



Working group 5:

Room Quartz - Level 1

Food and nutrition education: consumer behaviour - social communication

WORKING GROUP CHAIRPERSON: Carmen Pérez-Rodrigo

REPORTER: Carmen Gómez-Candela

Rodrigo Abreu, Rolando Joel Álvarez-Álvarez, Ana Luisa Álvarez-Falcón, Ina Alejandra Beristain, Raquel Blasco, José Camolas, Sérgio Cunha Velho de Sousa, Juan Carlos Garnica, Vicky Pyrogianni, Lourdes Ribas, Juan Rivera, Guillermo Wakida

12:00 pm

JOINT PRESENTATION OF WORKING GROUP CONCLUSIONS

Chairs:

Lluís Serra-Majem Sérgio Cunha Velho de Sousa

1:00-2:30 pm	Lunch	Foyer - Level 1	
2:30 pm	Transfer to the Lusófona University of Humanities and Technologies, Lisbon		

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AGOSTINHO DA SILVA AUDITORIUM

Lusófona University of Humanities and Technologies, Lisbon

3:00-6:00 pm

LOW AND NON CALORIE SWEETENERS

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KEY ASPECTS AND CONCLUSIONS

Chair:

Roxana Fernández-Condori

President of SOPENUT - Peruvian Nutrition Society, Peru

Speakers

Adam Drewnowski

Professor of Epidemiology. Director of the Center for Public Health Nutrition at the Schhol of Public Health. Director of the University of Washington Center for Obesity Research, USA Low and non calorie sweeteners and food behaviour

Carlo La Vecchia

Department of Clinical Sciences and Community Health, Università degli Studi di Milano, Milano, Italy Low and non calorie sweeteners and cancer

Susana Socolovsky

President Elect of the Argentine Association of Food Technologists, Argentina

Safety of low and non calorie sweeteners



FINAL REMARKS:

Lluís Serra-Majem

Professor of Preventive Medicine & Public Health and Director of the Research Institute of Biomedical and Health Sciences, University of Las Palmas de Gran Canaria. President of the Spanish Academy of Nutrition and Food Sciences (AEN). President of the Nutrition Research Foundation (FIN). CIBERobn Group Coordinator, Spain

Evidence and controversy around low and non calorie sweeteners: the need for a consensus

8:00 pm Dinner

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PARTICIPANTS

Rodrigo Abreu

Saber comer. Portugal

Jorge Antonio Aldrete

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