



## Life-Long Learning (LLL) program Clinical Nutrition and Metabolism

European Society for Clinical Nutrition and Metabolism

16 de Março de 2024

Centro Universitário de Lisboa, Universidade Lusófona

### LLL Course - Nutrition and Prevention of Diseases

09h00 – 09h45	Nutrients in the Prevention of Cardiovascular Diseases Speaker: Prof <sup>a</sup> Dra. Marisa Cebola
09h45 – 10h30	Nutrition in Prevention of Osteoporosis Speaker: Dr. João Vasques
10h30 – 10h45	Coffee Break
10h45 – 11h30	Nutrition in the Prevention of Cancer Speaker: Dra. Diana Alexandre
11h30 – 12h15	Nutrition in the Prevention of Neurological Diseases Speaker: Dr. João Vasques
12h15 – 13h00	Discussion of clinical cases and Final test

### LLL Course - Nutritional Support in Diabetes and Dyslipidemia (14h00 – 18h00)

14h00 – 14h45	Medical Nutrition in Diabetes Mellitus Speaker: Dr. João Vasques
14h45 – 15h30	Nutritional Support in Diabetes Type I and II Speaker: Prof <sup>a</sup> Dra. Ana Brito Costa
15h30 – 15h45	Coffee Break
15h45 – 16h30	Dyslipidemia: Targeting the Management of Cardiovascular Risk Factors Speaker: Prof <sup>a</sup> Dra. Marisa Cebola
16h30 – 17h15	Prescription of Artificial Nutrition in Patients with Dyslipidaemia Speaker: Dr. João Vasques
17h15 – 18h00	Discussion of clinical cases and Final test